



cfuw Realizing potential.
For all women.

Promoting lifelong learning across Northumberland.

About Us

CFUW is a non-partisan, voluntary, self-funded organization with over 100 CFUW Clubs located in every province across Canada. Since its founding as the Canadian Federation of University Women in 1919, CFUW has been working to improve the status of women and to promote human rights, public education, social justice and peace. Today, we are known as CFUW, honouring our historical legacy while reflecting that a university degree is not required to be a welcomed and equal member of the organization. CFUW supports club activities with a wealth of resources, supporting advocacy in the areas of the three national priorities: Education, Equity and Social Justice, and Safe and Healthy Communities.

The Northumberland Club, CFUW-N, was founded in 1991. We seek to provide lifelong learning and promote education and advocacy for gender equality and the rights of women and girls. We are particularly active in supporting women who are pursuing further education/training. We raise funds annually for scholarships for women across Northumberland County in a range of programs for further education including college, university, apprenticeship and trade school programs.

Membership in CFUW-N is open to all women who value lifelong learning. We provide a safe, supportive and welcoming environment.

Our Activities

Members meet regularly to hear speakers on a wide range of subjects such as health, the arts, current events, environment, local history, women's issues and education. Our meetings are a prime opportunity to promote fellowship, stay informed and learn about opportunities for advocacy in our communities, provincially and nationally. They usually take place on the first Monday evening of the month, except July and August.

Membership provides many other opportunities for friendship and community engagement, for example by exploring shared interests in small informal groups, participating in stimulating discussions or helping to organize fundraising and other activities. Current interest groups include book clubs, bridge clubs, luncheon and dinner groups, a political discussion group, a walking group and travel/outing-based groups. New groups are formed regularly based on members' interests.

As part of CFUW-Canada, we learn about, and have opportunities to take action on, a range of public policy issues important to women including education, human rights, peace, justice and women's equality. Through our regular meetings and interest groups, CFUW-N members have the opportunity to make friends and enjoy the benefits of learning, socializing, supporting one another and working together for positive change in our communities.

Like many organizations, we learned about alternative meeting formats during the first years of the COVID-19 pandemic. In 2020 and 2021, our meetings were virtual with our monthly get-togethers, as well as interest groups, meeting via Zoom. More recently, we have met more often in person for a range of meetings and special events. We continue to offer access by Zoom to many meetings. We have Zoom-only meetings in the winter months to facilitate getting together despite wintry conditions.

Scholarships

CFUW-N works with the six high schools in Northumberland County, The First Peoples House of Learning, Fleming College and Trent University to identify women who will benefit from financial support as they pursue their education. Over \$12,000 in scholarships was awarded in 2023-24.

The central activity in support of our scholarships is an annual fundraising event - often a luncheon with a special guest speaker. Recent speakers included Olympian Vicky Sunohara (2024), journalist and author, Moira Welsh (2022), astronaut and scientist, Dr. Roberta Bondar (2021) and physician and author, Dr. Brian Goldman (2020). We also have had a very successful series of online auctions. In our 4th annual auction, in November 2023, we raised more than \$4,000 for our scholarships, with tremendous support from local businesses, our members and their friends and families. See our website for more information: cfuw-northumberland.org

From a scholarship recipient:

"University is not something everyone has adequate access to ... you have made it more accessible for everyone and I cannot thank you enough for that."

Follow us or get in touch:

Email: news@cfuw-northumberland.org

Website: cfuw-northumberland.org

Facebook: [CFUW-Northumberland Branch](https://www.facebook.com/CFUW-Northumberland-Branch)

Affiliate Links: CFUW National: cfuw.org

CFUW Ontario Council: cfuwontcouncil.org

For more information about membership, please contact us at
news@cfuw-northumberland.org

All women are welcome. Come join us!